

FAMILY LIFE COUNSELING STAFF



Chris Griffith - *Program Manager Paintsville Office*

Chris has more than 25 years of experience as counselor with CAP. He is a Licensed Professional Clinical Counselor, Supervisor (LPCC-S) and has been honored with several awards from the KY Counseling Association. He has worked as a leader in the profession and strives to raise the professional standard for counselors. Chris employs a cognitive behavioral therapy approach and treats teens and adults with a focus on trauma, intimate personal violence, relationship issues, and anxiety and depression. He holds advanced training in numerous areas including trauma, relationship counseling, and cognitive therapy. He is also a Diplomat in Advanced Clinical Mental Health Counseling from the American Mental Health Counselors Association.



Dale Hamilton - *Staff Counselor Paintsville Office*

Dale is a Licensed Professional Clinical Counselor, Supervisor (LPCC-S) with 15 years of experience at CAP. Dale is a Trauma Informed provider specializing in working with Families, Couples and Children. Dale is a recognized leader and trainer in the profession. He has extensive knowledge and credentialing in Trauma treatment with both adults and children. Dale was named the KY Counseling Association Mental Health Counselor of the year in 2016. He is additionally certified in TF-CBT and is EMDR and Gottman Level 1 trained. He serves children, teens, and adults and treats all mental health concerns. Because of his history at CAP, Dale has a close relationship with many referring agencies and works closely with them to serve clients.



JaLane Speaks - *Staff Counselor Mount Vernon Office*

JaLane has over 15 years of experience as a Licensed Professional Clinical Counselor (LPCC). She serves all age ranges and is trained in TF-CBT and EMDR. JaLane has experience serving children and currently has a diverse case load addressing individual mental health, family, couples, grief, and trauma work. Like much of the other counseling staff, JaLane incorporates mindfulness practices into her work at all levels helping her clients heal from losses and grow in acceptance. Additionally, JaLane uses telehealth to serve clients in remote locations to allow them access to professional counseling services. JaLane has a heart for helping trauma survivors and will go the extra mile to create a healthy change.

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Mattie Craft - Staff Counselor Paintsville Office

Mattie has more than 15 years of practice as a Licensed Professional Clinical Counselor, Supervisor (LPCC-S) with a vast array of experiences. She works with all ages and specializes in children and teens, particularly those suffering with trauma. Mattie is TF-CBT certified and has many hours of advanced training in trauma work for individuals and families. She has an interest in helping children heal with an eye towards resolving family instability. Mattie has a servant's heart and a deep desire to meet people where they are. She seeks to help them find ways to resolve problems and lead a balanced life.



Michaela Fisher - Staff Counselor Paintsville Office

Michaela is a Licensed Professional Counselor Associate (LPCA) and serves all age ranges with a focus on trauma treatment and grief work. She has advanced training with telehealth and trauma services. She has an interest in assisting her clients to develop their own solutions and create lasting skills to lead healthy lives. She accepts referrals for most mental health concerns as well as family related issues. Michaela brings a fresh perspective to CAP's counseling team utilizing up to date techniques and interventions.

Program Credentials and Certifications

- State licensed by the KY Board of Licensed Professional Counselors
- State Certified Batterer Intervention Provider
- Board Certified Clinical Counseling Supervisor
- Nationally Certified Counselor
- Eye Movement\ Desensitization Reprocessing (EMDR)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Certified
- Gottman Level 1 Trained
- Certified Telehealth Provider
- Certified Clinical Trauma Professional
- Diplomat in Advanced Clinical Mental Health Counseling Practice